

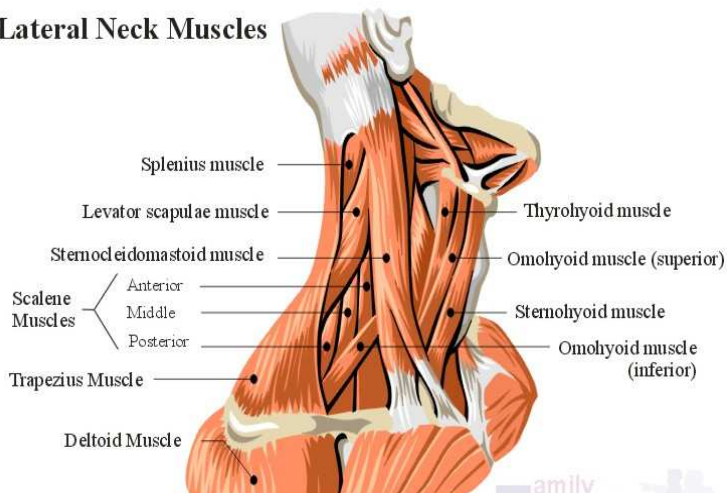


Call 519-668-8855
www.backnmotion.com

151 Pine Valley Blvd., London, ON
 (Across From Home Depot)

CERVICAL INJURIES

Lateral Neck Muscles



WHAT?

Degenerative disc
 Muscle spasms
 Whiplash

Thoracic Outlet
 Headaches
 Torticollis

SYMPTOMS? May be, but are not limited to:
 Pain, swelling, bruising, tenderness,
 weakness, and decreased functional ability.

CAUSES? Possible causes of cervical injuries could be quick acceleration-deceleration (car accident), mishapen acromion or age (constant wear and tear of vertebral discs), acute or chronic injuries and postural imbalances.

TREATMENT OPTIONS

The Key is determining what is causing the neck pain and methods to reduce and repair signs and symptoms.

LASER - Reduces inflammation/swelling and increases cellular repair

MASSAGE - Treating adhesions and lengthening / stretching musculature

BRACING - Eases pain and corrects alignment / Unloading Joints, while providing stability and support to prevent further damage

ICING - Beneficial for decreasing inflammation and pain

Low Intensity Laser Therapy



Back 'n Motion offers a multi-faceted approach to pain management.

LASER · MASSAGE · ORTHOTICS · BRACES · STOCKINGS